

# FULL INGREDIENT LIST

## BREAD

ITEM	INGREDIENT LIST
Bread Made with Gluten Free Flour	Maize Starch, Rice Flour, SOYA Protein Concentrate, Thickeners: E415, E464; Sugar, Psyllium, Salt, Dextrose, Sugar Beet Syrup, Ground Roasted Lentils, Yeast Extract, Lactic Acid, Grape Concentrate, Acidity Regulator E262, Enzyme Preparation, Water, Yeast, Sunflower Oil
Brioche	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, MILK, Margarine (Vegetable Oil (Palm & Rapeseed), Sugar, EGG, Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Brown Rolls	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E461, E472e, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Cheese & Jalapeno Sourdough	WHEAT Flour (With Added Calcium, Iron, Niacin & Thiamin), Water, Cheese (from MILK), Jalapenos (Water, Vinegar, Salt, Preservative: Potassium Sorbate, Firming Agent: Calcium Chloride Salt)
Cheese & Marmite Bread	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Cheese (MILK), Marmite (Yeast Extract, Salt, Vegetable Extract, Niacin, Thiamin, Spice Extracts (Celery), Riboflavin, Folic Acid, Vitamin B12), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Shortening (Vegetable Oil, Water, Salt, Emulsifier)
Chorizo, Pesto & Rock Salt Foccacia	Strong WHEAT Flour (calcium carbonate, iron, niacin, thiamin, ascorbic acid), Water, Olive Oil, Chorizo, Pesto (basil, olive oil, sunflower oil, CASHEW nuts, salt, pine nuts, WHEY protein (MILK), cheese (MILK, salt), garlic, maize starch, white wine vinegar, fructose, acidity regulators (lactic acid, citric acid)), Garlic (water, rapeseed oil, garlic, salt, acidity regulator: citric acid), Salt, Yeast, WHEAT Flour (calcium carbonate, niacin, iron, thiamine), SOYA flour, flour treatment agent: E300 ascorbic acid), Basil
Chilli, Cheese & Garlic Foccacia	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Olive Oil, Chilli, Garlic (SULPHITES), Cheese (From MILK), Salt, Yeast
Ciabatta	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Olive Oil, Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300)
Corn Bread	Maize Flour, WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Extruded Maize Semolina, Sunflower Seeds, Yeast, Salt, Vegetable Oil, Vegetable Fat, Spices (With MUSTARD Flour), Dried Glucose Syrup, Flour Treatment Agent E300, Enzyme Preparation
Crusty Rolls/ Baguettes/ Pain Parision	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Yeast, Salt
Donker Bread	WHEAT Flour, Water, LUPIN Seeds, OATS, RYE Flour, BARLEY (From WHEAT) Flour, Salt, WHEAT Bran, Sugar, Vegetable Fat, WHEY Powder (MILK), Malt Extract (BARLEY From WHEAT)), Malt, Water), Yeast, Emulsifier E472e, Flour Treatment Agent E300, Enzyme Preparation), Yeast, Bread Improver (SOYA Flour, Emulsifier-E170, Vegetable Fat, Flour Improver-E300)
Harvest Crunch	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E471, Palm Fat, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Poppy Seeds, Linseed
Malt Bran Crusty Rolls/ Baguettes	White WHEAT Flour (Fortified WHEAT Flour, Calcium Carbonate, Iron Niacin, Thiamin), Malted WHEAT Flour (With Added Calcium, Iron, Niacin & Thiamin), Water, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar) Yeast, Salt
Malt Seeded	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt, Emulsifier), Poppy Seed, Linseed, Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)

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Malted Bran Flat/ Split/ Farmhouse/ Bloomer	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt, Emulsifier), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Malted Brown Rolls	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E471, Palm Fat, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Multiseed Bread	WHEAT Flour, Water, Sunflower Seeds, Linseed, Wheat Protein, Pumpkin Seeds, OATS, RYE Flour, Yeast, WHEAT Bran, Salt, Dried WHEAT, Sourdough, Sugar, Burnt Sugar, Emulsifiers-E472e, Rapeseed, Lecithin E322 (SOYA), Flour Treatment E300, Linseed, Poppy Seeds, Sunflower Seeds, Millet
Multiseed Rolls	WHEAT Flour, Water, Sunflower Seeds, Linseed, Wheat Protein, Pumpkin Seeds, OATS, RYE Flour, Yeast, WHEAT Bran, Salt, Dried WHEAT, Sourdough, Sugar, Burnt Sugar, Emulsifiers-E472e, Rapeseed, Lecithin E322 (SOYA), Flour Treatment E300, Linseed, Poppy Seeds, Sunflower Seeds, Millet, Vegetable Oil, Emulsifier (E471, Palm Fat, Acetic Acid)
Olive Bread	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), water, Black Olives, Olive Oil, yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300), Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741)
Olive Ciabatta	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Olive Oil, Black Olives,
Olive Focaccia	WHEAT Flour (With Added Calcium, Iron, Niacin & Thiamin), Water, Olive Oil, Yeast, Salt, Olives (Sunflower Oil, Garlic, Basil, Salt, Lactic acid, Citric Acid, Ascorbic Acid)
Pizza Dough	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Olive Oil, Sugar, Salt, Yeast
Poppy Bloomer	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Yeast, Salt, Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741), Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Poppy Seeds
Rosemary & Garlic Focaccia	WHEAT Flour (With Added Calcium, Iron, Niacin & Thiamin), Water, Olive Oil, Yeast, Salt, Rosemary
Seeded Plait 6 Strand	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Yeast, Salt, Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741), Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Poppy Seeds, Linseed, Millet, Sunflower Seeds
Soda Bread	Water, Wholemeal WHEAT Flour, WHEAT Flour (calcium, niacin (B3), iron, thiamin(B1)), Baking Powder (E450, E500 Sodium carbonates) (Gluten), Bread Fat (rapeseed oil, palm oil, water, salt, emulsifier: distilled monoglyceride), Salt, WHEAT Flour (calcium carbonate, niacin, iron, thiamine), SOYA flour, flour treatment agent: E300 ascorbic acid)
Sourdough Cornfield	WHEAT Flour (With Added Calcium, Iron, Niacin & Thiamin), Water, Salt
Sourdough Multiseed	WHEAT Flour (With Added Calcium, Iron, Niacin & Thiamin), Water, Pumpkin Seeds, Sunflower seeds, OATS, Linseed, Millet, Salt, Poppy Seeds
Sourdough Panini	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), RYE Flour, Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E471, Palm Fat, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Sourdough Pumpkin & Charcoal	WHEAT Flour (With Added Calcium, Iron, Niacin & Thiamin), Water, Activated Charcoal, Pumpkin Seeds, Salt

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Sourdough Rye & Caraway	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, RYE Flour, Poppy Seed, Linseed, Caraway Seeds, Salt
Sourdough Rye & Wheat	SPELT Flour, Water, RYE Flour, Chia Seeds, Salt, Yeast
Sourdough XT Beer Bread	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Ale (Water, Malted BARLEY From WHEAT), Malted WHEAT, Hops, Yeast), Salt
Spelt & Honey	WHEAT Flour, SPELT Flour, Water, Sunflower Seeds, Lupin Seeds, SPELT Flakes, Bakers Honey, Salt, Sugar, Dextrose, Thickener E412, Malt Extract (BARLEY (from WHEAT)), Malt, Water), Yeast, Emulsifier E472e, Acidity Regulators E339, E340, Flour Treatment Agent E300, Enzyme Preparation), Bread Improver (SOYA Flour, Emulsifier-E170, Vegetable Fat, Flour Improver-E300)
Tiger Bread	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Yeast, Salt, Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741), Olive Oil, Pepper, Garlic, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Turkish Flat Bread	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Salt, Glaze (Pea proteins, Glucose Syrup, Rice Flour)
White Rolls	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E461, E472e, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
White Sandwich/ Farmhouse/ Split/ Bloomer	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Yeast, Salt, Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741), Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
ITEM	Ingredients
Wholemeal	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt, Emulsifier), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
XMAS SPEC Date & Walnut	WHEAT Flour (with Calcium, Iron, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt, Emulsifier), Dates, Walnuts, Emulsifier (E471, Palm Fat, Acetic Acid), Yeast, Salt, Bread Improver (Soya Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
XMAS SPEC Sourdough Mulled Wine	Strong WHEAT Flour (calcium carbonate, iron, niacin, thiamin, ascorbic acid), Water, Beetroot Juice, Red Wine, WHEAT Flour (calcium, iron, niacin (B3), thiamin (B1)), Salt, Spices (cinnamon, cassia, coriander, ginger, fennel, clove, nutmeg, cardamon), Orange Peel, Yeast