

FULL INGREDIENT LIST

BREAD

ITEM	INGREDIENT LIST
Bread Made with Gluten Free Flour - White	Gluten Free Bread Mix (maize starch, rice flour, SOYA protein concentrate, thickeners: E 415, E 464; sugar, psyllium, salt, dextrose, sugar beet syrup, ground roasted lentils, yeast extract, lactic acid, grape concentrate, acidity regulator E 262, enzyme), Water, Sunflower Oil, Yeast
Bread Made with Gluten Free Flour - Brown	Brown Gluten Free Bread Mix (Maize starch, linseed, sunflower seeds, SOYA protein concentrate, thickeners: E 415, E 464, E 412; rice flour, sugar, psyllium, dried sourdough (rice flour, starter culture), inulin, dextrose, caramel, ground roasted lentils, yeast extract, maltodextrin, salt, acidity regulator E 262, enzyme), Water, Sunflower Oil, Yeast, Salt
Brioche	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, MILK, Margarine (Vegetable Oil (Palm & Rapeseed), Sugar, EGG, Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Brown Rolls	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E461, E472e, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Cheese & Jalapeno Sourdough	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Cheese (from MILK), Jalapenos (Water, Vinegar, Salt, Preservative: Potassium Sorbate, Firming Agent: Calcium Chloride Salt)
Cheese & Marmite Bread	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Cheese (MILK), Marmite (Yeast Extract, Salt, Vegetable Extract, Niacin, Thiamin, Spice Extracts (Celery), Riboflavin, Folic Acid, Vitamin B12), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Shortening (Vegetable Oil, Water, Salt, Emulsifier)
Chorizo, Pesto & Rock Salt Foccacia	Strong WHEAT Flour (calcium carbonate, iron, niacin, folic acid, thiamin, ascorbic acid), water, Olive Oil, Chorizo, Pesto (basil, olive oil, sunflower oil, CASHEW nuts, salt, pine nuts, WHEY protein (MILK), cheese (MILK, salt), garlic, maize starch, white wine vinegar, fructose, acidity regulators (lactic acid, citric acid)), Garlic (water, rapeseed oil, garlic, salt, acidity regulator: citric acid), Salt, Yeast, WHEAT Flour (calcium carbonate, niacin, iron, thiamine), SOYA flour, flour treatment agent: E300, ascorbic
Chilli, Cheese & Garlic Foccacia	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Olive Oil, Chilli, Garlic (SULPHITES), Cheese (From MILK), Salt, Yeast
Ciabatta	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Olive Oil, Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300)
Corn Bread	Maize Flour, WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Extruded Maize Semolina, Sunflower Seeds, Yeast, Salt, Vegetable Oil, Vegetable Fat, Spices (With MUSTARD Flour), Dried Glucose Syrup, Flour Treatment Agent E300, Enzyme Preparation
Crusty Rolls/ Baguettes/ Pain Parision	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Yeast, Salt
Donker Bread	WHEAT Flour, Water, LUPIN Seeds, OATS, RYE Flour, BARLEY (From WHEAT) Flour, Salt, WHEAT Bran, Sugar, Vegetable Fat, WHEY Powder (MILK), Malt Extract (BARLEY From WHEAT)), Malt, Water), Yeast, Emulsifier E472e, Flour Treatment Agent E300, Enzyme Preparation), Yeast, Bread Improver (SOYA Flour, Emulsifier-E170, Vegetable Fat, Flour Improver-E300)
Harvest Crunch	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E471, Palm Fat, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Poppy Seeds, Linseed

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Malt Bran Crusty Rolls/ Baguettes	White WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Malted WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar) Yeast, Salt
Malt Seeded	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt, Emulsifier), Poppy Seed, Linseed, Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Malted Bran Flat/ Split/ Farmhouse/ Bloomer	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt, Emulsifier), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Malted Brown Rolls	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E471, Palm Fat, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Multiseed Bread	WHEAT Flour, Water, Sunflower Seeds, Linseed, Wheat Protein, Pumpkin Seeds, OATS, RYE Flour, Yeast, WHEAT Bran, Salt, Dried WHEAT, Sourdough, Sugar, Burnt Sugar, Emulsifiers-E472e, Rapeseed, Lecithin E322 (SOYA), Flour Treatment E300, Linseed, Poppy Seeds, Sunflower Seeds, Millet
Multiseed Rolls	WHEAT Flour, Water, Sunflower Seeds, Linseed, Wheat Protein, Pumpkin Seeds, OATS, RYE Flour, Yeast, WHEAT Bran, Salt, Dried WHEAT, Sourdough, Sugar, Burnt Sugar, Emulsifiers-E472e, Rapeseed, Lecithin E322 (SOYA), Flour Treatment E300, Linseed, Poppy Seeds, Sunflower Seeds, Millet, Vegetable Oil, Emulsifier (E471, Palm Fat, Acetic Acid)
Olive Bread	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Black Olives, Olive Oil, Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300), Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741)
Olive Ciabatta	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Olive Oil, Black Olives,
Olive Focaccia	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Olive Oil, Yeast, Salt, Olives (Sunflower Oil, Garlic, Basil, Salt, Lactic acid, Citric Acid, Ascorbic Acid)
Pizza Dough	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Olive Oil, Sugar, Salt, Yeast
Pizza Dough Made with Gluten Free Flour	Gluten Free Bread Mix (maize starch, rice flour, SOYA protein concentrate, thickeners: E 415, E 464; sugar, psyllium, salt, dextrose, sugar beet syrup, ground roasted lentils, yeast extract, lactic acid, grape concentrate, acidity regulator E 262, enzyme), Water, Sunflower Oil, Yeast
Poppy Bloomer	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Yeast, Salt, Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741), Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Poppy Seeds
Rosemary & Garlic Focaccia	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Olive Oil, Yeast, Salt, Rosemary

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Seeded Plait 6 Strand	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Yeast, Salt, Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741), Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar), Poppy Seeds, Linseed, Millet, Sunflower Seeds
Soda Bread	Water, Wholemeal WHEAT Flour, WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Baking Powder (E450, E500 Sodium carbonates) (Gluten), Bread Fat (rapeseed oil, palm oil, water, salt, emulsifier: distilled monoglyceride), Salt, WHEAT Flour (calcium carbonate, niacin, iron, thiamine), SOYA flour, flour treatment agent: E300 ascorbic acid)
Sourdough Cornfield	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Salt
Sourdough Multiseed	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Pumpkin Seeds, Sunflower seeds, OATS, Linseed, Millet, Salt, Poppy Seeds
Sourdough Panini	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), RYE Flour, Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E471, Palm Fat, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Sourdough Pumpkin & Charcoal	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Activated Charcoal, Pumpkin Seeds, Salt
Sourdough Rye & Caraway	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, RYE Flour, Poppy Seed, Linseed, Caraway Seeds, Salt
Sourdough Rye & Wheat	SPELT Flour, Water, RYE Flour, Chia Seeds, Salt, Yeast
Sourdough XT Beer Bread	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Ale (Water, Malted BARLEY From WHEAT), Malted WHEAT, Hops, Yeast), Salt
Spelt & Honey	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), SPELT Flour, water, Sunflower Seeds, Lupin Seeds, SPELT Flakes, Bakers Honey, Salt, Sugar, Dextrose, Thickener E412, Malt Extract (BARLEY (from WHEAT)), Malt, Water), Yeast, Emulsifier E472e, Acidity Regulators E339, E340, Flour Treatment Agent E300, Enzyme Preparation), Bread Improver (SOYA Flour, Emulsifier-E170, Vegetable Fat, Flour Improver-E300)
Tiger Bread	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Yeast, Salt, Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741), Olive Oil, Pepper, Garlic, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Turkish Flat Bread	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Salt, Glaze (Pea proteins, Glucose Syrup, Rice Flour)
White Rolls	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt), Emulsifier (E461, E472e, Acetic Acid), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)

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White Sandwich/ Farmhouse/ Split/ Bloomer	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Yeast, Salt, Shortening (Vegetable Oil, Water, Salt, Emulsifier E4741), Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
Wholemeal	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt, Emulsifier), Yeast, Salt, Bread Improver (SOYA Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
XMAS SPEC Date & Walnut	WHEAT Flour (with Calcium, Iron, Folic Acid, Niacin & Thiamin), Water, Shortening (Vegetable Oil, Water, Salt, Emulsifier), Dates, Walnuts, Emulsifier (E471, Palm Fat, Acetic Acid), Yeast, Salt, Bread Improver (Soya Flour, Emulsifier-E170, Dextrose, Vegetable Fat, Flour Improver-E300, Sugar)
XMAS SPEC Sourdough Mulled Wine	Strong WHEAT Flour (calcium carbonate, iron, niacin, folic acid, thiamin, ascorbic acid), Water, Beetroot Juice, Red Wine, WHEAT Flour (calcium carbonate, iron, folic acid, niacin (B3), folic acid, thiamin (B1)), Salt, Spices (cinnamon, cassia, coriander, ginger, fennel, clove, nutmeg, cardamon), Orange Peel, Yeast
XMAS SPEC Sourdough Chestnut & Sage	Strong WHEAT Flour (calcium carbonate, iron, niacin, folic acid, thiamin, ascorbic acid), Water, CHESTNUTS, WHEAT Flour (calcium carbonate, iron, folic acid, niacin (B3), folic acid, thiamin (B1)), Sage, Salt